

# 2012 MIAC Men's Swimming and Diving Awards

2/24/2012

ST. PAUL, Minn. -- The 2012 MIAC Men's Swimming and Diving Awards were announced Saturday, following the final session of the 2012 MIAC Swimming and Diving Championships at the University of Minnesota Aquatic Center. St. Thomas, St. Olaf and Saint John's swept the top individual awards.

MIAC Men's Swimmer-of-the-Year honors were claimed by Saint John's Josh Seaburg, who dazzled throughout the three-day event by winning an individual championship on each day. Seaburg claimed victories in the 500-yard freestyle, the 200-yard butterfly and the 400-yard individual medley. The Johnnie senior also led off SJU's third-place 800-yard freestyle relay team to make it four All-Conference honors throughout the event.



MIAC Men's Diver-of-the-Year honors went to St. Olaf's Ian Straehley. The Oles' senior captured the MIAC title on the 3-meter diving board thanks to a spectacular final dive that cemented the title, and he also finished second on the 1-meter board to establish himself as the conference's top men's diver in 2012. Straehley's 3-meter score met the 2011 NCAA Selection Standard.

The team race was decided by just three points, with St. Thomas edging St. Olaf by three points in the final event to capture the team title, and both teams' coaches were honored for such a close, hard-fought performance. Tommies' head coach Tom Hodgson and St. Olaf coaches Dave and Bob Hauck were recognized as MIAC Men's Swimming Co-Coaches-of-the-Year, and St. Thomas' Mark Dusabeck was voted the MIAC Diving Coach-of-the-Year for his work with men's 1-meter champ Nick Johnson and MIAC Women's Diver-of-the-Year Jennifer Easton.

In addition to the individual awards, the members of the 2012 All-MIAC Sportsmanship Team were also announced and honored Saturday, and are listed below. This marks the sixth-straight season an All-Sportsmanship team was recognized as part of a conference-wide sportsmanship initiative. The members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrated ideals of positive sportsmanship both on and off the field of competition.

Throughout the 2012 MIAC Swimming and Diving Championships, the top eight finishers in each event were recognized with a podium awards ceremony shortly after the conclusion of each race. The top three finishers in each event received MIAC All-Conference honors, and were awarded with a medal to recognize their achievement. The 2012 MIAC All-Conference honorees are listed below, by finish and event.

For complete details regarding the 2012 MIAC Swimming and Diving Championships, including results, recaps, photo galleries and archived video, visit the event's [home page](#).

## 2012 MIAC Men's Swimming and Diving Awards

**MIAC Men's Swimmer-of-the-Year:** Josh Seaburg (Sr., Saint John's)

**MIAC Men's Diver-of-the-Year:** Ian Straehley (Sr., St. Olaf)

**MIAC Men's Swimming Co-Coaches-of-the-Year:** Dave and Bob Hauck, St. Olaf, and Tom Hodgson, St. Thomas

**MIAC Diving Coach-of-the-Year:** Mark Dusabeck, St. Thomas

## 2012 All-MIAC Sportsmanship Team

**Carleton** - Casey Andree (Sr., Bloomington, Ind./North)

**Gustavus** - Evan Taylor (Sr., Mankato, Minn./West)

**Hamline** - Ben Smidt (Fr., Apple Valley, Minn./Eastview)

**Macalester** - Domi Lauko (So., Whitefish Bay, Wis.)

**Saint Mary's** - Sam Schepers (Sr., Chaska, Minn./Holy Family Catholic)

**St. Olaf** - Joel Money (Sr., Fergus Falls, Minn.)

**St. Thomas** - Sam Rauchwarter (Eagan, Minn./Eastview)

## 2012 MIAC Men's All-Conference Individuals

### 50-yard freestyle

1. Erik Klontz (Jr., Carleton) 20.30 A
2. Ben Henrickson (So., St. Thomas) 20.84 B
3. Logan Arnold (Fr., Saint John's) 20.95

### 100-yard freestyle

1. Michael Gratz (Fr., St. Olaf) 45.15 ST11
2. Erik Klontz (Jr., Carleton) 45.18 ST11
3. Logan Arnold (Fr., Saint John's)

### 200-yard freestyle

1. Michael Gratz (Fr., St. Olaf) 1:39.71 M ST11
2. Sam Rauchwarter (Jr., St. Thomas) 1:40.54 ST11
3. Mamoru Kanazawa (Jr., Carleton) 1:42.44

### 500-yard freestyle

1. Josh Seaburg (Sr., Saint John's) 4:33.17
2. Spencer Scarth (So., St. Olaf) 4:35.98
3. Sam Rauchwarter (Jr., St. Thomas) 4:36.23

### 1,650-yard freestyle

1. Spencer Scarth (So., St. Olaf) 16:00.28 B

2. Chase Liaboe (Sr., St. Olaf) 16:23.53
3. Swan Westby (Fr., St. Olaf) 16:45.49

### **100-yard backstroke**

1. Logan Arnold (Fr., Saint John's) 51.89
2. Michael Hoelterhoff (Jr., St. Thomas) 52.20
3. Ethan Nimens (Jr., St. Thomas) 52.64

### **200-yard backstroke**

1. Justin Mullee (So., St. Thomas) 1:51.79 B
2. Evan Griffith (Fr., St. Olaf) 1:51.83 B
3. Zac Solis (Fr., Gustavus) 1:52.63 B

### **100-yard breaststroke**

1. Colby Kubat (So., St. Olaf) 55.95 A R
2. Billy Schultze (Sr., Gustavus) 57.28 B
3. Nathan France (Fr., St. Thomas) 57.94

### **200-yard breaststroke**

1. Colby Kubat (So., St. Olaf) 2:01.74 A R
2. Billy Schultze (Sr., Gustavus) 2:07.78
3. Nathan France (Fr., St. Thomas) 2:08.62

### **100-yard butterfly**

1. Erik Huls (Sr., St. Thomas) 50.37 B R4
2. Matt Van Fossen (Sr., Gustavus) 51.05
3. Matt Rippentrop (So., St. Thomas) 51.52

### **200-yard butterfly**

1. Josh Seaburg (Sr., Saint John's)
2. Chase Liaboe (Sr., St. Olaf)
3. Benito Ramirez (So., Carleton)

### **200-yard individual medley**

1. Michael Gratz (Fr., St. Olaf) 1:50.61 A
2. Colby Kubat (So., St. Olaf) 1:51.45 ST11
3. Billy Schultze (Sr., Gustavus) 1:54.30 B

### **400-yard individual medley**

1. Josh Seaburg (Sr., Saint John's) 4:02.01 ST11
2. Spencer Scarth (So., St. Olaf) 4:03.73 B
3. Evan Griffith (Fr., St. Olaf) 4:05.59 B

### **1-meter diving**

1. Nick Johnson (So., St. Thomas) 449.45 ST11
2. Ian Straehley (Sr., St. Olaf) 423.70
3. Wes Schlichting (Saint John's) 420.95

### **3-meter diving**

1. Ian Straehley (Sr., St. Olaf) 495.15 ST11
2. Wes Schlichting (Sr., Saint John's) 491.30 ST11
3. Nick Johnson (So., St. Thomas) 485.50 ST11

### **200-yard freestyle relay**

1. St. Thomas (1:22.91)  
(Michael Hoelterhoff, Max Hubbard, Nathan France, Ben Henrickson)
2. Gustavus (1:23.93)  
(Billy Schultze, Sam Olson-Anstett, Zach Nachtsheim, Kurt Youndahl)
3. Saint John's (1:24.60)  
(Logan Arnold, Ty Nimens, Joe Duxbury, Connor Triggs)

### **400-yard freestyle relay**

1. St. Thomas (3:03.59) ST11  
(Michael Hoelterhoff, Max Hubbard, Ben Henrickson, Sam Rauchwarter)
2. St. Olaf (3:07.08)  
(Michael Gratz, Colby Kubat, Spencer Scarth, Chase Liaboe)
3. Carleton (3:07.23)  
(Mamoru Kanazawa, Benito Ramirez, Ross Brown, Erik Klontz)

### **800-yard freestyle relay**

1. St. Olaf (6:49.50) ST11

(Spencer Scarth, Michael Gratz, Chase Liaboe, Colby Kubat)

2. St. Thomas (6:53.90)

(Michael Hoelterhoff, Griffin Voss, Ethan Nimens, Sam Rauchwarter)

3. Saint John's (6:58.00)

(Josh Seaburg, Ty Nimens, Ben Maakestad, Jesse Otis)

### **200-yard medley relay**

1. St. Olaf (1:33.76)

(Joel Money, Colby Kubat, Chase Liaboe, Michael Gratz)

2. Gustavus (1:34.40)

(Ross Larson, Peter Crady, Matt Van Fossen, Zach Nachtsheim)

3. Carleton (1:34.46)

(Mamoru Kanzawa, Jesse Gourevitch, Benito Ramirez, Erik Klontz)

### **400-yard medley relay**

1. St. Olaf (3:23.60) ST11

(Evan Griffith, Colby Kubat, Chase Liaboe, Michael Gratz)

2. St. Thomas (3:26.09)

(Michael Hoelterhoff, Nathan France, Erik Huls, Sam Rauchwarter)

3. Gustavus (3:27.98)

(Ross Larson, Billy Schultze, Matt Van Fossen, Zach Nachtsheim)

### **Key:**

*M - Meet Record; M\* - Conference Record; R - Repeat Champion; R4 - Four-time champion; A - NCAA 'A' Qualifying Standard; B - NCAA 'B' Qualifying Standard; ST11 - 2011 NCAA Selection Time.*